

November 14- November 20, 2024

## **MESSAGE FROM DIRECTOR**

Happy Veterans Day to all our students who are veterans or currently serving in our military. I hope you know how much we appreciate you and the sacrifices you have made on behalf of serving our country.

Yesterday we had a great turnout for our first student town hall. Dr. Erika Gergerich shared findings from last year's student surveys and students shared their insights and experiences within the program. This is truly invaluable information as we strive to make this a strong and responsive program for everyone in our community. If you weren't able to make it this week, we will have another one next week (see flyer below!) on Wednesday (11/20) from 5-6 p.m. If you have something to share, but can't make it to either town hall, feel free to reach out to me directly!

Good luck these next couple of weeks as we start to wind down the semester. I know the Thanksgiving break will be a welcome respite, but there is a lot of work to do before then. You got this and we've got you.



Mony Misson

Dr. Mary Nienow, Director







## **IMPORTANT REMINDER**



STUDENT

NOV. 20, 2024 5PM-6PM IN HSS ROOM 219



Zoom Attendance is Welcomed. Scan QR code or use code: 5101299345

## WHY ATTEND:

- Get inside look at program performance data
  - Share experiences and suggestions
  - Connect with program coordinators
    - Help shape future improvements
      - Be part of decision making process

## Light refreshments will be provided!

The Social Buzz

\*\*\*\*



## **Attention BSW Students!**

Our NMSU Master of Social Work program is now accepting applications! Join a community dedicated to empowering individuals, embracing cultural humility, and promoting social and economic justice. Learn how you can make a difference and advance your career in social work. Apply today and take the next step toward becoming a leader in service and advocacy!



MSU's masters of social work program is committed to serving people through the promotion of empowerment, cultural humility and competence, and social and economic justice.

Learn how you can make a difference today!















### Participants sought for Student Lifestyle Survey

Are you an NMSU student? Are you 18 years or older? The Office of Health Promotion would like you to participate in The Student Lifestyle Survey! This fall semester, OHP will be conducting the survey that will help us learn alcohol and drug behaviors, attitudes and perceptions among college students. By voluntarily participating in this survey, the data collected will help OHP measure program effectiveness and help fill any knowledge gaps of drug and alcohol behaviors amongst NMSU students. If you are a student interested in participating in this very important research, please follow this link to complete the survey. For more information, contact Cecy Corona-Madrid at 575-646-5239 at ceciliac@nmsu.edu

### Live Your Dream Award applications due Friday

Undergraduate female students who are the primary wage earner/source of financial support for their families (including children, spouse, siblings and/or parents) are encouraged to apply for the Live Your Dream Award given by Soroptimist International of Las Cruces. Soroptimist International is a civic organization that seeks to improve the lives of women and girls through education and economic empowerment.

To be eligible, students must have at least one person besides themselves that they are financially supporting. Students from the Las Cruces campus as well as branch campuses may apply.

The award can be used for tuition, books, transportation, child care or any other expense associated with completing an undergraduate degree. Eight awards ranging from \$1,500 to \$2,500 will be given.

Applications are available online. The application form and reference form(s) must be submitted by 11:59 p.m. Friday, Nov. 15. For more information, contact Esther Devall at 575-642-3322 or edevall@nmsu.edu.









## Behavioral Health Collaborative Building an Ideal Behavioral Health System, Together.



# **October** Newsletter A quick Look:

- General Information
- October 2024 Highlights
- A Quick Thanks
- Metrics, Basecamp and Staying Connected

### World Mental Health Day – October 10 💧

World Mental Health Day was on October 10, and this year's theme is "Prioritize Mental Health in the Workplace." It also marks the final phase of the World Federation for Mental Health's 75th Anniversary Campaign, focusing on mental health and well-being at work.

World Health Organization

Learn more at https://tinyurl.com/WHOWMHD24

#### **New Year, New Trainings!**

If you're interested in becoming an LC3 training partner for the upcoming year, reach out to a coordinator using the contact information at the bottom of each page to explore this opportunity.

## Upcoming: Trainings:

#### November 7-8th (2 Day Training - In-Person Only)

Motivational Interviewing (P1) Serna Solutions - Brian Serna 9AM-4PM (12 CEUS) Food & Beverage Provided FYI + (1320 S Solano Dr., Las Cruces, NM 88001)

#### November 14th (In Person-Only)

Cult. Competency: "A Bit of History Repeating" InsideOut Advocacy) 1PM-4PM (3 CEUS) La Vida Project (118 N Main St, Las Cruces, NM 88001

#### November 15th & 18th (2 Days: Virtual-Only)

Mindfulness for Helping Professionals Center of Innovation) 10AM-12PM (3.75 CEUS)

> November 20th (Virtual-Only) Verbal Intervention NLBHA 9AM-4PM (6 CEUS)

November 25th (In-Person Only)

Adult Mental Health First Aid Center for Health Innovation 9AM-5PM (7.5 CEUS) FYI + (1320 S Solano Dr., Las Cruces, NM 880011)

RSVP For All Trainings WWW.TINYURLCOM/LC3TRAININGS

### **Our Vision:**

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

### **Contact Information**



Javier Guerrero (He, Him) ICS Community Coordinator jguerrero®fyinm.org 575-202.6987

**The Social Buzz** 



Amanda Vega (She, Her) ICS Community Coordinator avega@fyinm.org 575-319-0978

### **Our Next Meeting**

November 19th (Tuesday) 11:30AM-1PM 1320 S. Solano Dr. Las Cruces, NM 88001

socialwork.nmsu.edu

1





## AGGIE CUPBOARD & NMSU GLOBAL

AGGIES FOR LIFE

## HOLIDAY DONATION DRIVE

## OCTOBER 28 - DECEMBER 6

#### HOW YOU CAN HELP FELLOW AGGIES DURING THE HOLIDAYS:

The Aggie Cupboard provides free food assistance to students, faculty, staff, and the wider NMSU community. Whether it's food or gifts, your donations help ensure no Aggie family goes without this holiday season.

#### Non-Perishable Food & Toiletry Items

- Canned Goods
- Rice and Pasta
- Cereal
- Toothpaste
- Shampoo

#### Gifts for Children (Ages 0 - 12)

- Books and Games
- Blocks and Legos
- Cars and Dolls
- Farm Animal Toys
- Musical Toys
- Water Toys

#### **INTERESTED IN VOLUNTEERING?**

Team up with the Aggie Cupboard this holiday season! We need volunteers to distribute food at Pete's Pantry in the Park every fourth Tuesday of the month. Contact us for more details:

aggiecupboard@nmsu.edu (575) 646-7636

**The Social Buzz** 

#### DROP OFF OR SHIP YOUR CONTRIBUTIONS TO THE ADDRESSES BELOW:

#### Drop Off Donations at: NMSU 185 A Milton Hall Las Cruces Campus

Ship Donations to: Milton Hall 2915 McFie Circle Las Cruces, New Mexico 88003



# Affordable Health Insurance Info Session by BeWell



Register at: https://bit.ly/4eWLA

Learn about Health Insurance Marketplace, enrollment dates, <u>eligibility of DACA</u> <u>recipients</u> for coverage, essential health benefits included in all Marketplace plans, and how to apply for coverage.





The Social Buzz





## **Center for Excellence in Social Work Updates**

# Join us for upcoming Professional Development opportunities including:

Date: 11/14/24 (Thursday) & Time: 12 pm–1 pm (Mountain Time) Details: CEUs 1 | Level: All | Cost: Free Title: [Listen] Listening Session: Social Workers of New Mexico Survey Presenters: Survey Research Team Members Sreyashi Chakravarty, PhD; Mónica Rae Otero, LMSW & Anna Nelson, PhD, LCSW Organizer: Center for Excellence in Social Work Location: Zoom Registration: Click Here

Description: The Center for Excellence in Social Work invites you to a Listening Session about the recommendations and action steps that came out of the 2024 Social Workers of New Mexico Survey. This is a virtual Lunch & Discuss event. There will be a brief overview about the survey by research team members but the majority of the event will be an opportunity to share your experience and thoughts about putting needed change into action.

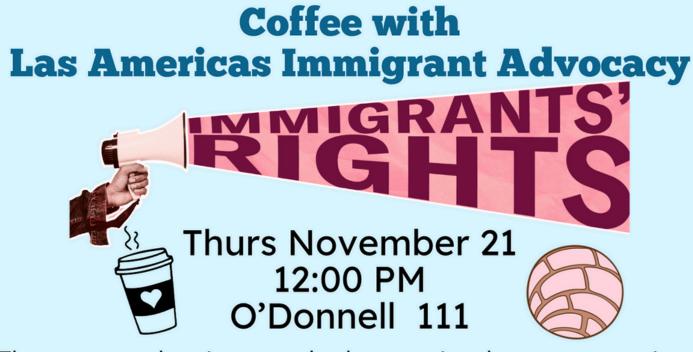
View the Center for Excellence in Social Work's recent and upcoming events: Click Here











The recent election results have raised many questions about DACA, TPS, and undocumented immigrants.

Las Americas Immigrant Advocacy will provide information on legal services, human rights support, and resources for ALL immigrants.



Coffee and pan dulce while supplies last



Programs



All Aggies Welcome!











### ALBUQUERQUE MSW SOCIAL #2 2381 AZTEC NE, ALBUQUERQUE, NM 87107 FRIDAY 11.15.24 4:30-6:30P



#### EMAIL RSVP OR QUESTIONS TO ANNA OR LEIA HORNER@NMSU.EDU OR LEIATC@NMSU.EDU

#### Hello fellows MSWs!

We're coming back together one last time before the fall 2024 semester ends! Please join us for our second ABQ-Based MSW Social on Friday, November 15. We'll be meeting at the Canteen Brewhouse at 2381 Aztec Rd. NE, between Comanche and Candelaria and Princeton and Stanford. There's construction at I-25 and Comanche itself, so try to avoid that route. See the emails below to RSVP or air questions. And if you want to be added to the ABQ-based NMSU MSW contact list, let us know! More details below...

> Who: YOU! (cool NMSU MSW students) What: ABQ-based MSW social When: Friday, November 15th from 4:30-6:30 PM Where: Canteen Brewhouse at 2381 Aztec Rd. NE, Albuquerque 87107 Why: Because online grad school is better with in-person community! RSVP: horner@nmsu.edu, leiatc@nmsu.edu

Fall has been skipped over by an early winter and for space, we'll be on the covered patio outside, but they do have space heaters for our comfort and sanity. We'll send one more reminder next week. Hope to see you all there!

> Warmly, Anna Horner, Leia Cunningham, and Sean Cardinalli



**The Social Buzz** 



# CAFECITO WITH Las Americas Immigrant Advocacy



Thursday November 21 12:00 PM O'Donnell Hall 111

Join us to learn about the services offered by Las Americas Immigrant Advocacy. Ask questions and receive information about their legal services, human rights advocacy and resources for ALL immigrants.

ALL NMSU STUDENTS, FACULTY AND STAFF ARE INVITED!





1





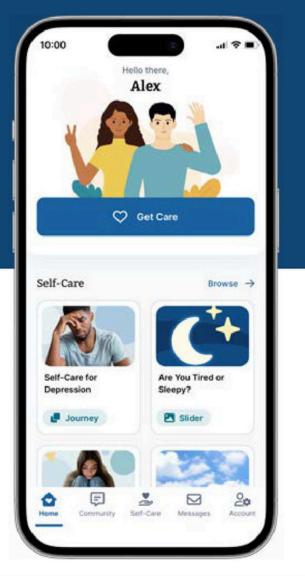


# timelycare

Basic Needs Support When You Need It

## Get connected to free or reduced-cost programs that provide support for:

- · In-person health care
- Food assistance
- Housing assistance
- Transit
- Paying bills
- Child care
- Legal resources





## It's for Students. FOR FREE.

) @timelycare



## Get support now! Download the TimelyCare app or visit timelycare.com/nmsu to learn more.

©TimelyCare 2024



The Social Buzz





# Join Our Weekly Mindfulness Practice

Take a break and center yourself with our weekly Zoom mindfulness practice with Dr. Finno-Velasquez, open to both novice and experienced practitioners. Sessions are held every Thursday from 12:00-12:30 PM. If you'd like to receive weekly reminders via Outlook, please contact Maribel Lopez to get set up! When: Thursdays, 12-12:30 PM Where: Join via Zoom







## **STAY CONNECTED**

Exciting News for Our Social Work Community! We've launched a new Careers & Opportunities webpage dedicated to connecting you with meaningful job openings. From roles within NMSU to opportunities in the broader community, this page is designed to help you find positions that align with your passion and expertise. Visit the page to explore the latest listings and take the next step in your career!







## **BUZZ IN NEXT WEEK**

Stay tuned for the latest updates, stories, and highlights from the School of Social Work!

In next week's edition, we'll bring you:

- Spotlights on Recent Achievements
- Upcoming Events and Workshops
- Student and Faculty Features
- Useful Resources and Tips

Got something to share or a question to ask? Feel free to reach out to us: ≤ mkeeper@nmsu.edu Phone: 575-646-7599 M Office: HSS 210F We'd love to hear from you and feature your news in our next issue!

